

# Prospect Conference @ The Penny Brohn Centre BS20 0HH

Tuesday 23 July 2024

You are invited to spend the day at The Penny Brohn Cancer Care centre.

Please book [chrismillett2@gmail.com](mailto:chrismillett2@gmail.com) letting him know of any dietary requirements. You will receive an email to confirm. No confirmation then not booked. Chris's phone number 07721436318

Deadline for booking Monday 15 July 2024.

There is no cost to you for the day, but you may wish to consider a donation.

1030 to 1100 registration and coffee/tea

1100 Welcome

1105 to 1145 **Allon Stokes** (Penny Brohn) Counselling Lead  
Thriving not just surviving. Journey through the world of loss.

1145 – 1230 Mindful Moment. A walk through the Penny Brohn grounds.

1230 to 1330 Lunch

1330 to 1415 **Emma Bedggood** (North Bristol Trust)  
'My Medical Record' is for people on a post radical laparoscopic prostatectomy pathway, which provides secure online access to PSA blood test results, your monitoring plan, resources to support you to self-manage, and more.

1415 to 1430 Refreshments Coffee/tea

1430 to 1530 **Sarah Gray** (National Support and Development Manager for Tackle). Sarah will be talking about the three cornerstones of the federation, Support, Campaigning and Awareness, and how we can all support Tackle to achieve its mission to become the 'Go to ' charity for peer support.

1530 to 1600 Q&A Panel from your committee.

1600 close